

NORTHERN NEVADA ADULT MENTAL HEALTH SERVICES  
POLICY AND PROCEDURE DIRECTIVE

SUBJECT: OUTPATIENT CONSUMERS RECEIVING MEDICATIONS FROM MORE  
THAN ONE PRESCRIBER

NUMBER: NN-MM-21

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REVIEW/REVISE DATE: 05/06/04, 5/3/07, 3/18/10

APPROVAL: Rosalyn Reynolds {s}, Agency Director

I. PURPOSE

The purpose of this policy is to reduce the risk of drug-drug interactions, medication abuse, stockpiling of medications by Northern Nevada Adult Mental Health Services (NNAMHS) outpatient consumers through the identification of medications each outpatient consumer is receiving from physicians not affiliated with NNAMHS.

II. POLICY

It is the policy of NNAMHS to carefully monitor outpatient consumer requests for medication and ascertain prescriptions written by community physicians are not duplicated by NNAMHS physicians. It is also the policy to monitor consumer use of medications prescribed by community physicians to evaluate potential drug-drug interactions, stockpiling of medications, and abuse of medications,

### III. DEFINITIONS

1. Outpatients: consumers receiving services, including prescriptions from NNAMHS prescribers.
2. Medications: includes prescriptions, over the counter products and alternative, non-traditional treatments.

### IV. REFERENCES

1. NNAMHS form MR-178, entitled "Summary List"
2. NNAMHS Policy and Procedure Directive #NN-IM-PS-02 entitled, "Release of Information."
3. NNAMHS Policy and Procedure Directive #NN-IM-MR-10 entitled, "Medical Record Documentation Standards."

### V. PROCEDURE

1. The outpatient medication clinics will maintain a current MR-178, "Summary List" located in the outpatient medical record at all times.
2. Clinic nurses will obtain prescription history information at the time of appointment. All medications currently being taken by the consumer will be documented in the MR-178, "Summary List" for permanent record-keeping and monitoring.
3. Pharmacy staff will screen the consumer at the prescription intake window for any medications that could possibly interact with or duplicate their NNAMHS therapy. Pharmacy staff will document in the pharmacy computer system any medications the consumer is currently on in addition to those medications received at NNAMHS.
4. Those medications posing a potential drug-drug interaction or medications with significance to NNAMHS therapy will be noted in the consumer profile.